

FACT SHEET: Cleaning Bathrooms

There is a 70% chance of back injury from cleaning bathrooms

Research shows there is a 70% chance of lower back injury from cleaning bathrooms.

Why? According to the study, "housekeepers take awkward positions to reach across the bathtub to replace bath articles and clean hard-to-reach areas in tight places."



Hotel housekeepers face a 71% higher risk of injury compared to all hotel workers

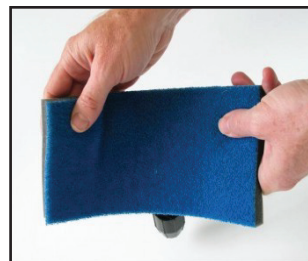
Changing the linens on thicker, heavier mattresses and cleaning luxury jacuzzis puts more physical demands on a housekeeper.

Additionally, it has been noted in a recent study that housekeepers, rushing to clean their quota of rooms, slip on wet bathtub ledges while trying to scrub hard-to-reach tiles. **



MULTIFLEX™ PAD HOLDER reduces injury risk

- Lessens slip-and-fall risk due to overreaching.
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- No metal elements assure safe usage on all surfaces and equipment
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* *Application of the Lumbar Motion Monitor Model in Hotel Housekeeping*: a study by the Biodynamics Laboratory, Department of Integrated Systems Engineering, Ohio State University.

** *Barriers to Occupational Health Services for Low Wage Workers in California*; A Report to the COmmission of Health and Safety and Workers' Compensation, California Department of Industrial Relations, April 2006.